

What is claimed is:

1. An interior window frame assembly for anchoring an interior window covering thereto, said window frame assembly comprising:

an elongate core substrate configured to frame at least a portion of an interior window opening, wherein said elongate core substrate comprises a thickness of less than 5/16 inch; and

at least one flange attached to said elongate core substrate, wherein said at least one flange is configured to retain at least a portion of an interior window covering.

2. The interior window frame assembly of claim 1, wherein said core substrate comprises, by volume, an elastic modulus greater than 2.3E.

3. The interior window frame assembly of claim 1, wherein said core substrate is formed of material selected from the group consisting of fiberglass, metal, graphite and reinforced plastic.

4. The interior window frame assembly of claim 1, wherein said flange is configured to retain a hinge attached to said interior window covering.

5. The interior window frame assembly of claim 1, further comprising a decorative covering coupled to at least one of said core substrate and said flange.

6. The interior window frame assembly of claim 5, wherein said decorative covering comprises a material selected from the group consisting of wood, plastic, wood composite, cloth and paint.

7. The interior window frame assembly of claim 1, wherein said interior window covering comprises a shutter.

8. An interior window frame assembly for anchoring an interior window covering thereto, said window frame assembly comprising:

an elongate core substrate having a thickness less than 5/16 inch and having, by volume, an elastic modulus greater than 2.3E;

5 at least one flange affixed to a portion of said substrate, said flange having a depth sufficient to receive a hinge coupled to an interior window covering; and

a decorative covering applied to at least a portion of said core substrate, wherein said decorative covering conceals said portion of said core substrate.

9. The interior window frame assembly of claim 8, wherein a cross-sectional shape of
10 said elongate core substrate corresponds to a shape selected from the group consisting of an L, a T and a Z.

10. The interior window frame assembly of claim 8, wherein said core substrate is formed of material selected from the group consisting of fiberglass, metal, graphite and reinforced plastic.

15 11. The interior window frame assembly of claim 8, wherein said decorative covering comprises a material selected from the group consisting of wood, plastic, wood composite, cloth and paint.

12. The interior window frame assembly of claim 8, wherein said interior window covering comprises a shutter.

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13. An interior window frame system for facilitating installation of an interior window covering, said system comprising:

a window having an associated window jamb and adjacent wall;

a frame substrate mounted to at least one of said window jamb and said adjacent wall,

5 said frame substrate having a thickness of less than 5/16 inch and having, by volume, an elastic modulus greater than 2.3E;

at least one flange coupled to said frame substrate, said at least one flange having a depth sufficient to accommodate a hinge attached to said interior window covering; and

a decorative covering applied to said frame substrate to substantially conceal at least a
10 portion of the frame substrate.

14. The interior window frame system of claim 13, wherein a cross-sectional shape of said frame substrate corresponds to a shape selected from the group consisting of an L, a T and a Z.

15 15. The interior window frame system of claim 13, wherein said frame substrate comprises a material selected from the group consisting of fiberglass, metal, graphite and reinforced plastic.

16. The interior window frame system of claim 13, wherein said decorative covering comprises a material selected from the group consisting of wood, plastic, wood composite, cloth and paint.

20 17. The interior window frame system of claim 13, wherein said interior window covering comprises a shutter.

18. A method for anchoring an interior window covering adjacent an interior window having a window jamb and an adjacent wall, said method comprising:

providing a frame substrate having, by volume, an elastic modulus greater than wood;

coupling to said frame substrate at least one flange, said at least one flange having a
5 depth sufficient to accommodate a hinge attached to said interior window covering;

mounting said frame substrate to at least one of a window jamb and an adjacent wall;
and

attaching said hinge of said interior window covering to said flange.